



St. Monica's Catholic Primary School

Relationship and Sex Education Scheme of Work Map

	Catholic Education Service Model Curriculum	Cross Reference to School Schemes and Resources
	Theme 1: Created and Loved by God	
Education in Virtue	EYFS and KS1	
	1.1.1.1. Respectful of their own bodies and character	Statements to Live By 9 – 12 :Grow towards human wholeness and develop a healthy lifestyle in body, mind and spirit and understand the connection between knowledge and living.
	1.1.1.2. Appreciative for blessings	Statements to Live By 17 – 20: know that everything has the capacity to reveal God's presence and in the light of this develop effective and satisfying relationships. First Eucharist preparation. Croyden SRE scheme of work
	1.1.1.3. Grateful to others and to God	
	1.1.1.4. Patient when they do not always get what they want	Statements to live By 21 – 24: Know that limitations are also opportunities for growth and make the most of our abilities.
	KS2	
	2.1.1.1. Respectful of their own bodies, character and giftedness	Statements to Live By 9 – 12 :Grow towards human wholeness and develop a healthy lifestyle in body, mind and spirit and understand the connection between knowledge and living.
	2.1.1.2. Appreciative for blessings	Statements to Live By 17 – 20: know that everything has the capacity to reveal God's presence and in the light of this develop effective and satisfying relationships. First Eucharist preparation
	2.1.1.3. Grateful to others and to God	
	2.1.1.4. Self-disciplined and able to delay or forego gratification for	Statements to live By 21 – 24: Know that limitations are also opportunities for growth and make the most of our abilities.

	the sake of greater goods	
	2.1.1.5. Discerning in their decision making	The Way, the Truth and the Life – Year 5 topic Reconciliation
	2.1.1.6. Determined and resilient in the face of difficulty	Statements to live By 21 – 24: Know that limitations are also opportunities for growth and make the most of our abilities.
	2.1.1.7. Courageous in the face of new situations and in facing their fears	Outdoor and adventurous activity on residential visits
Religious understanding of the human person: loving myself	EYFS and KS1	
	1.1.2.1. We are made by God and are special	Statements to Live By 1 - 4: Understand their uniqueness as made in the image of God and develop self awareness, positive self-esteem and confidence.
	1.1.2.2. We are all God's children	PSHCE Y3
	1.1.2.3. Ways of expressing gratitude to God	First Eucharist preparation
	1.1.2.4. About the sacrament of Baptism	The Way the Truth and the Life – Year 3 topic The Church Family
	KS2	
	2.1.2.1. We are special people made in the image and likeness of God	Statements to Live By 1 - 4: Understand their uniqueness as made in the image of God and develop self awareness, positive self-esteem and confidence.
	2.1.2.2. We are children of God with an innate dignity	Statements to Live By 33 – 36: Acknowledge the unique giftedness of each individual as made in the image and likeness of God and learn to respect the differences between people.
	2.1.2.3. God has created us for a purpose (vocation)	The Way, the Truth and the Life – Year 5 topic Inspirational People
	2.1.2.4. Life is precious and their body is God's gift to them	Croyden SRE scheme of work
	2.1.2.5. Prayer and worship are ways of nourishing their relationship with God.	Collective Worship
2.1.2.6. Sacraments often coincide with different natural stages in life, for example Baptism often occurs near birth for Catholics.	Y3 Sacrament WTL	
Me, my body and my health	EYFS and KS1	
	1.1.3.1. We are all unique individuals	Statements to Live By 1 - 4: Understand their uniqueness as made in the image of God and develop self awareness, positive self-esteem and confidence.
	1.1.3.2. We all have individual gifts, talents and abilities	Statements to Live By 33 – 36: Acknowledge the unique giftedness of each individual as made in the image and likeness of God and learn to respect the differences between people.
	1.1.3.3. The names of the external parts of the body	Croyden SRE scheme of work
	1.1.3.4. The similarities and differences between girls and boys	Croyden SRE scheme of work
	1.1.3.5. How to maintain personal hygiene	School nurse sessions in Year 5 Teeth-Y4 Science

	1.1.3.6. What constitutes a healthy life-style, including physical activity, dental health and healthy eating.	Lower KS2 and KS1 Science Curriculum
	KS2	
	2.1.3.1. Everyone expresses their uniqueness in different ways and that being different is not always easy	Croyden SRE scheme of work Anti bullying week
	2.1.3.2. Strategies to develop self-confidence and self-esteem	Statements to Live By 1 - 4: Understand their uniqueness as made in the image of God and develop self awareness, positive self-esteem and confidence.
	2.1.3.3. Each person has a purpose in the world	The Way the Truth and the Life – Year 5 topic Inspirational People
	2.1.3.4. That similarities and differences between people arise from several different factors (See protected characteristics of the Equality Act 2010, Part 2, Chapter 1, sections 4-12)	Croyden SRE scheme of work-Y3
	2.1.3.5. Their body will change and develop as they grow	Croyden SRE scheme of work
	2.1.3.6. About the growth and development of humans and the changes experienced during puberty.	
	2.1.3.7. The names of the main parts of the body, including identifying and correctly naming genitalia (e.g. penis and vagina)	
	2.1.3.8. How to make informed choices that have an impact on their health	
		Statements to Live By 9 – 12 :Grow towards human wholeness and develop a healthy lifestyle in body, mind and spirit and understand the connection between knowledge and living. Science Y3/4 healthy eating, teeth etc..
Emotional well being and attitudes	1.1.4.1. That we all have different likes and dislikes	Croyden SRE scheme of work
	1.1.4.2. A language to describe feelings	Statements to Live By 25 – 28: Grow towards human wholeness in body, mind and spirit and learn to keep themselves and others safe.
	1.1.4.3. A basic understanding that feelings and actions are two different things	Croyden SRE scheme of work
	1.1.4.4. Simple strategies for managing feelings and behaviour	
	1.1.4.5. That choices have consequences	The Way, the Truth and the Life – Year 5 topic Reconciliation
	KS2	
	2.1.4.1. Their emotions may change as they approach as they grow and move through puberty	School nurse sessions in Year 5
	2.1.4.2. To extend their vocabulary to deepen their understanding of the range and intensity of their feelings	Croyden SRE scheme of work
	2.1.4.3. What positively and negatively affects their physical, mental and emotional health (including the media)	Statements to Live By 9 – 12 :Grow towards human wholeness and develop a healthy lifestyle in body, mind and spirit and understand the connection between knowledge and living.

	2.1.4.4. To recognise how images in the media do not always reflect reality and can affect how people feel about themselves	E safety lessons
	2.1.4.5. That some behaviour is unacceptable, unhealthy or risky	Croyden SRE scheme of Work
	2.1.4.6. Strategies to build resilience in order to identify and resist unacceptable pressure from a variety of sources	UKS2 Science curriculum
Life cycles and fertility	EYFS and KS1	
	1.1.5.1. That there are life stages from birth to death	KS1 Science curriculum
	KS2	
	2.1.5.1. How a baby grows and develops in its mother's womb	Croyden SRE scheme of work
	2.1.5.2. To recognise the differences that occur at each stage of a human being's development (including childhood, adolescence, adulthood, old age)	KS1 Science curriculum
	2.1.5.3. The nature and role of menstruation in the fertility cycle	School nurse sessions in Year 5
	2.1.5.4. How human life is conceived in the womb, including the language of sperm and ova	
Theme 2: Created to Love Others		
Education in Virtue	EYFS and KS1	
	1.2.1.1. Friendly, able to make and keep friends	PSHCE Y1
	1.2.1.2. Caring, attentive to the needs of others and generous in their responses	Statements to Live by 5 – 8: Know, appreciate and understand the importance of social justice and develop independence, interdependence and responsibility.
	1.2.1.3. Respectful of others, their uniqueness, their wants and their needs	
	1.2.1.4. Forgiving, able to say sorry and not hold grudges against those who have hurt them	
	1.2.1.5. Courteous, learning to say, "please" and "thank you."	Statements to Live By 17 – 20: know that everything has the capacity to reveal God's presence and in the light of this develop effective and satisfying relationships.
	1.2.1.6. Honest, able to tell the difference between truth and lies	First Reconciliation preparation
	KS2	
	2.2.1.1. Loyal, able to develop and sustain friendships	Collective Worship
	2.2.1.2. Compassionate, able to empathise with the suffering of others and the generosity to help others in trouble	Statements to Live by 5 – 8: Know, appreciate and understand the importance of social justice and develop independence, interdependence and responsibility. WTL Y6 Justice
	2.2.1.3. Respectful, able to identify other people's personal space and respect the ways in which they are different	Statements to Live By 33 – 36: Acknowledge the unique giftedness of each individual as made in the image and likeness of God and learn to respect the differences between people.

	2.2.1.4. Forgiving, developing the skills to allow reconciliation in relationships	Statements to Live By 29 – 32: Experience a reconciling community.
	2.2.1.5. Courteous in their dealings with friends and strangers	Statements to Live By 17 – 20: know that everything has the capacity to reveal God's presence and in the light of this develop effective and satisfying relationships.
	2.2.1.6. Honesty, committed to living truthfully and with integrity	Collective Worship
Religious understanding of the human person: loving myself	EYFS and KS1	
	1.2.2.1. We are part of God's family	Statements to Live By 13 – 16: Experience a sense of belonging within a range of communities, including the local Eucharistic Community and play an active role as members of society.
	1.2.2.2. That saying sorry is important and can help mend broken friendships	Statements to Live By 29 – 32: Experience a reconciling community. PSHCE topic Friendship
	1.2.2.3. Jesus cared for others	The Way the Truth and the Life – Year 4 topic Jesus the Saviour
	1.2.2.4. That we should love other people in the same way Jesus loves us	First Eucharist and Reconciliation preparation
	KS2	
	2.2.2.1. Christians belong to the Church family which includes the school, parish and diocese	Statements to Live By 13 – 16: Experience a sense of belonging within a range of communities, including the local Eucharistic Community and play an active role as members of society.
	2.2.2.2. The importance of forgiveness and reconciliation in relationships and some of Jesus' teaching on forgiveness	Statements to Live By 29 – 32: Experience a reconciling community. First Reconciliation preparation
	2.2.2.3. The sacrament of marriage involves commitment and selfgiving	
Personal Relationships	EYFS and KS1	
	1.2.3.1. The characteristics of positive and negative relationships	PSHCE topic Friendship
	1.2.3.2. To identify special people (e.g. family, carers, friends) and what makes them special.	The Way the Truth and the Life – R topic God's Family Croyden SRE scheme of work
	1.2.3.3. There are different family structures and these should be respected	Images of different family structures are deliberately used in ppts and other learning materials
	1.2.3.4. How their behaviour affects other people and that there are appropriate and inappropriate behaviours	First Reconciliation preparation
	1.2.3.5. To recognise when people are being unkind to them and others and how to respond	Statements to Live by 5 – 8: Know, appreciate and understand the importance of social justice and develop independence, interdependence and responsibility.
	1.2.3.6. Different types of teasing and bullying which are wrong and unacceptable.	Anti bullying week E-safety
	KS2	

	2.2.3.1. How to maintain positive relationships and strategies to use when relationships go wrong.	Statements to Live By 17 – 20: know that everything has the capacity to reveal God's presence and in the light of this develop effective and satisfying relationships.
	2.2.3.2. There are different types of relationships including those between acquaintances, friends, relatives and family	Croyden SRE scheme of work
	2.2.3.3. How to make informed choices in relationships and that choices have positive, neutral and negative consequences	Statements to Live By 9 – 12 :Grow towards human wholeness and develop a healthy lifestyle in body, mind and spirit and understand the connection between knowledge and living.
	2.2.3.4. An awareness of bullying (including cyber-bullying) and how to respond	Anti Bullying week and E Safety lessons as part of the Computing Curriculum.
	2.2.3.5. About harassment and exploitation in relationships, including physical, emotional and sexual abuse and how to respond	Statements to Live By 33 – 36: Acknowledge the unique giftedness of each individual as made in the image and likeness of God and learn to respect the differences between people.
	2.2.3.6. To recognise and manage risk, to develop resilience and learn how to cope with “dares” and other ways in which people can be pressurized	Croyden SRE scheme of work
	2.2.3.7. About changes that can happen in life, e.g. loss, separation, divorce and bereavement and the emotions that can accompany these changes.	
Keeping safe and people who can help me	EYFS and KS1	
	1.2.4.1. To recognise safe and unsafe situations and ways of keeping safe, including simple rules for keeping safe online	E Safety lessons
	1.2.4.2. To use simple rules for resisting pressure when they feel unsafe or uncomfortable	Croyden SRE scheme of work
	1.2.4.3. The difference between good and bad secrets	
	1.2.4.4. Identifying and correctly name their “private parts” (see NSPCC resource PANTS) for the purposes of safeguarding them from sexual exploitation.	
	1.2.4.5. Who to go to if they are worried or need help	Statements to Live By 25 – 28: Grow towards human wholeness in body, mind and spirit and learn to keep themselves and others safe.
	1.2.4.6. That there are a number of different people and organisations they can go to for help in different situations.	Statements to Live By 25 – 28: Grow towards human wholeness in body, mind and spirit and learn to keep themselves and others safe.
	KS2	
	2.2.4.1. To recognise their increasing independence brings increased responsibility to keep themselves and others safe	Statements to Live By 25 – 28: Grow towards human wholeness in body, mind and spirit and learn to keep themselves and others safe.
	2.2.4.2. How to use technology safely	E Safety lessons
	2.2.4.3. That not all images, language and behaviour are appropriate	

	2.2.4.4. To judge what kind of physical contact is acceptable or unacceptable and how to respond	Statements to Live By 25 – 28: Grow towards human wholeness in body, mind and spirit and learn to keep themselves and others safe.
	2.2.4.5. That there are a number of different people and organisations they can go to for help in different situations and how to contact them	Anti Bullying week
	2.2.4.6. How to report and get help if they encounter inappropriate materials or messages	E Safety lessons
	Theme 3: Created to live in community (local, national and global)	
Education in Virtue	EYFS and KS1	
	1.3.1.1. Just and fair in their treatment of other people, locally, nationally and globally	Statements to Live by 5 – 8: Know, appreciate and understand the importance of social justice and develop independence, interdependence and responsibility.
	1.3.1.2. People who serve others, locally, nationally and globally	
	1.3.1.3. Active in their commitment to bring about change	Mission Together work and other charity initiatives
	KS2	
	2.3.1.1. Just, understanding the impact of their actions locally, nationally and globally	Statements to Live by 5 – 8: Know, appreciate and understand the importance of social justice and develop independence, interdependence and responsibility.
	2.3.1.2. Self-giving, able to put aside their own wants in order to serve others locally, nationally and globally	
2.3.1.3. Prophetic in their ability to identify injustice and speak out against it locally, nationally and globally	The Way, the Truth and the Life – Year 6 topic Justice	
Religious understanding of the importance of human communities	EYFS and KS1	
	1.3.2.1. That God is Father, Son and Holy Spirit	The Way, the Truth and the Life – Year 2 topic Mysteries
	1.3.2.2. Some scripture illustrating the importance of living in community	Statements to Live By 13 – 16: Experience a sense of belonging within a range of communities, including the local Eucharistic Community and play an active role as members of society.
	1.3.2.3. Jesus’ teaching on who is my neighbour	Statements to Live By 13 – 16: Experience a sense of belonging within a range of communities, including the local Eucharistic Community and play an active role as members of society.
	KS2	
	2.3.2.1. God is Trinity – a communion of persons	The Way, the Truth and the Life – Year 2 topic Mysteries
2.3.2.2. The key principles of Catholic Social Teaching	The Way, the Truth and the Life – Year 4 topic The Mission of the Church; Year 6 topic Called to Serve and others	

	2.3.2.3. The Church is the Body of Christ	The Way, the Truth and the Life – Year 2 topic The Christian Church; Year 3 topic the Christian Church and Y6 Jesus, the bread
Living in the wider world	EYFS and KS1	
	1.3.3.1. That they belong to various communities such as home, school, parish, the wider local community and the global community	Statements to Live By 13 – 16: Experience a sense of belonging within a range of communities, including the local Eucharistic Community and play an active role as members of society. The Way, the Truth and the Life – Year 4 topic Belonging to the Church
	1.3.3.2. That their behaviour has an impact on the communities to which they belong	Statements to Live By 13 – 16: Experience a sense of belonging within a range of communities, including the local Eucharistic Community and play an active role as members of society.
	1.3.3.3. That people and other living things have needs and that they have responsibilities to meet them;	Statements to Live By 33 – 36: Acknowledge the unique giftedness of each individual as made in the image and likeness of God and learn to respect the differences between people. Mission Together work
	1.3.3.4. About what harms and improves the world in which they live	Statements to Live By 17 – 20: know that everything has the capacity to reveal God's presence and in the light of this develop effective and satisfying relationships.
	1.3.3.5. How diseases are spread and can be controlled and the responsibilities they have for their own health and that of others e.g. washing hands	KS2 Science curriculum
	KS2	
	2.3.3.1. That there are some cultural practices which are against British law and universal rights (e.g. honour based violence and forced marriage, human trafficking etc.)	
	2.3.3.2. That actions such as female genital mutilation (FGM) constitute abuse, are crimes and how to get support if they have fears for themselves or their peers	
	2.3.3.3. That bacteria and viruses can affect health and that following simple routines and medical interventions can reduce their spread	KS2 Science curriculum
2.3.3.4. About the range of national, regional, religious and ethnic identities in the United Kingdom and beyond and the importance of living in right relationship with one another	Collective Worship	