

## PE Long Term Plan : 2021 - 2022

	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
YR	Games to develop stop/start listening/following instructions/ finding a space	Real PE: Personal	Dance	Real PE: Social	Gymnastics	Real PE: Cognitive	Net/Wall (tennis)	Real PE: Creative	Athletics	Real PE: Physical	Strike/Field	Real PE: Health & Fitness
Y1	Invasion Games <b>football</b>	Real PE: Personal	Dance	Real PE: Social	Gymnastics	Real PE: Cognitive	Net/Wall (tennis)	Real PE: Creative	Athletics	Real PE: Physical	Strike/Field	Real PE: Health & Fitness
Y2	Invasion Games <b>hockey</b>	Real PE: Personal	Dance	Real PE: Social	Gymnastics	Real PE: Cognitive	Net/Wall (tennis)	Real PE: Creative	Athletics	Real PE: Physical	Strike/Field	Real PE: Health & Fitness
Y3	Invasion Games <b>rugby</b>	Real PE: Personal	Gymnastics	Real PE: Social	Dance	Real PE: Cognitive	Net/Wall (tennis)	Real PE: Creative	Athletics	Real PE: Physical	Strike/Field	Real PE: Health & Fitness
Y4	Invasion Games <b>basketball</b>	Real PE: Personal	Gymnastics	Real PE: Social	Swimming <i>Dance</i>	Real PE: Cognitive	Swimming <i>Net/Wall (tennis)</i>	Real PE: Creative	Athletics	Real PE: Physical	Strike/Field	Real PE: Health & Fitness
Y5	Swimming <i>Invasion Games</i>	Real PE: Personal	Swimming <i>Dance</i>	Real PE: Social	Gymnastics	Real PE: Cognitive	Net/Wall (tennis)	Real PE: Creative	Athletics	Real PE: Physical	Strike/Field	Real PE: Health & Fitness
Y6	Invasion Games <b>netball</b>	Real PE: Personal	Gymnastics	Real PE: Social	Dance	Real PE: Cognitive	Net/Wall (tennis)	Real PE: Creative	Athletics	Real PE: Physical	Strike/Field	Real PE: Health & Fitness

- Each week should consist of **one** Real PE session, then **one** sport-specific session.